Medicine Physiotherapy MMT Review

Author: M Rhodes

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. Chapter: Physiotherapy MMT Review						
Physiotherapy N	MMT Review (Questions				
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4.1.1. MMT is useful mostly for

Author: M Rhodes

MMT is useful mostly for

Lower Motor Neuron Problems

Check the answer of this question online at QuizOver.com: Question: MMT is useful mostly for Review Quest

4.1.2. What is normal in MMT varies by: Author: M Rhodes

What is normal in MMT varies by:

• Age, Gender and Occupation

Check the answer of this question online at QuizOver.com: Question: What is normal in MMT varies by: Review Quest

4.1.3. There are psychological interference during the test. Other factors...

Author: M Rhodes

There are psychological interference during the test. Other factors that may interfere are:

• Pain, Faltigue, Inability to assume proper position and the presence of medical equipment.

Check the answer of this question online at QuizOver.com:

Question: There are psychological interference during the test. MMT Review



Patient is able to complete his/her available range agianst gravity and is able to take full resistance at end of the range.

• 5/5

Check the answer of this question online at QuizOver.com: Question: Patient is able to complete his/her available range MMT Review Quest



Patient is able to complete his/her available range against gravity and is able to take some resistance at end of the range.

4/5

Check the answer of this question online at QuizOver.com: Question: Patient is able to complete his/her available range MMT Review Quest



Patient is able to complete his/her available range against gravity but is unable to take any resistance.

• 3/5

Check the answer of this question online at QuizOver.com: Question: Patient is able to complete his/her available range MMT Review Quest



Patient is able to complete his/her available range with gravity eliminated - NO resistance

• 2/5

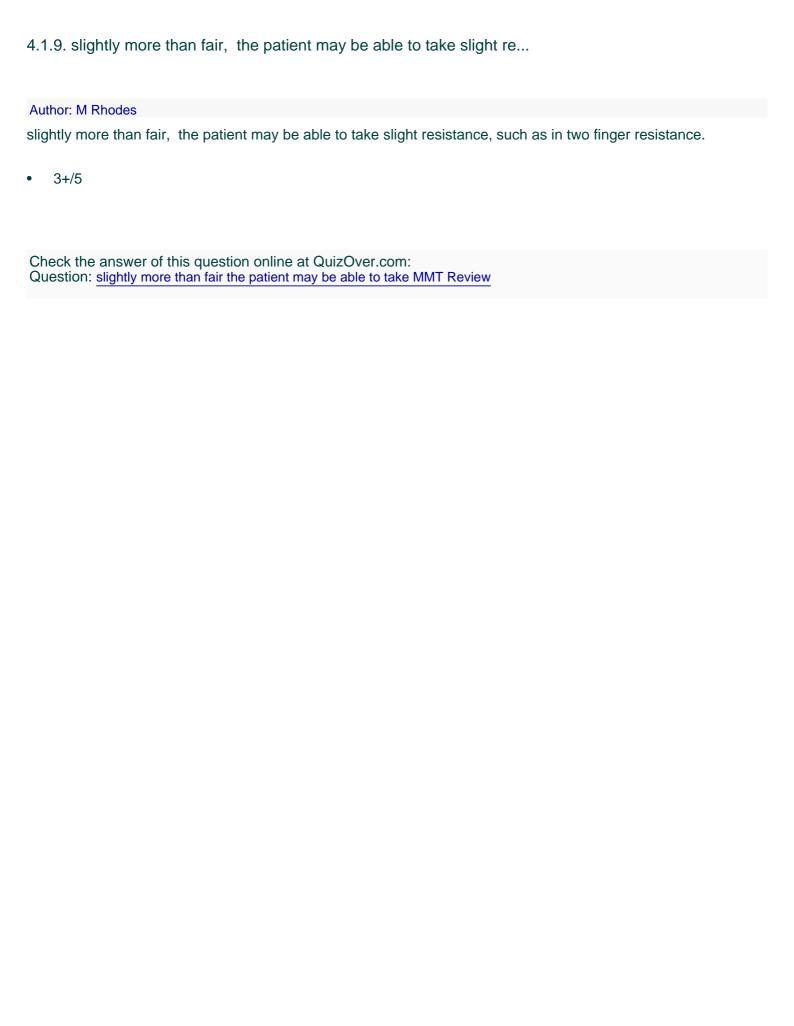
Check the answer of this question online at QuizOver.com: Question: Patient is able to complete his/her available range with MMT Review



Patient is unable to complete available range, but their is visible or palpable contraction

• 1/5

Check the answer of this question online at QuizOver.com: Question: Patient is unable to complete available range but their MMT Review



4.1.10. Patient is able to complete all the available range of motion with ...

Author: M Rhodes

Patient is able to complete all the available range of motion with gravity eliminated (2/5), and is able to complete more than half the range against gravity

• 3-/5

Check the answer of this question online at QuizOver.com: Question: Patient is able to complete all the available range of MMT Review



Patient is able to complete all the available range of motion with gravity eliminated (2/5), and is able to complete less than half the range against gravity

2+/5

Check the answer of this question online at QuizOver.com: Question: Patient is able to complete all the available range of MMT Review



With gravity eliminated, patient is able to complete more than half of the available rage, but not all the range

• 2-/5

Check the answer of this question online at QuizOver.com:

Question: With gravity eliminated patient is able to complete more MMT Review



With gravity eliminated, patient is able to complete less than one half of the available range.

1+/5

Check the answer of this question online at QuizOver.com:

Question: With gravity eliminated patient is able to complete less MMT Review

4.1.14. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Ankylosis(joint fixation) is specified by:

A

Check the answer of this question online at QuizOver.com: Question: Limiting factors can be abbreviated next to the grade MMT Review

4.1.15. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Contracture (joint immobility due to muscle contracture) is specified by:

C

Check the answer of this question online at QuizOver.com: Question: Limiting factors can be abbreviated next to the grade MMT Review



Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Pain is specified by:

P

Check the answer of this question online at QuizOver.com: Question: Limiting factors can be abbreviated next to the grade MMT Review 4.1.17. Limiting factors can be abbreviated next to the grade to indicate t...

Author: M Rhodes

Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Muscle spasms is speficied by

S

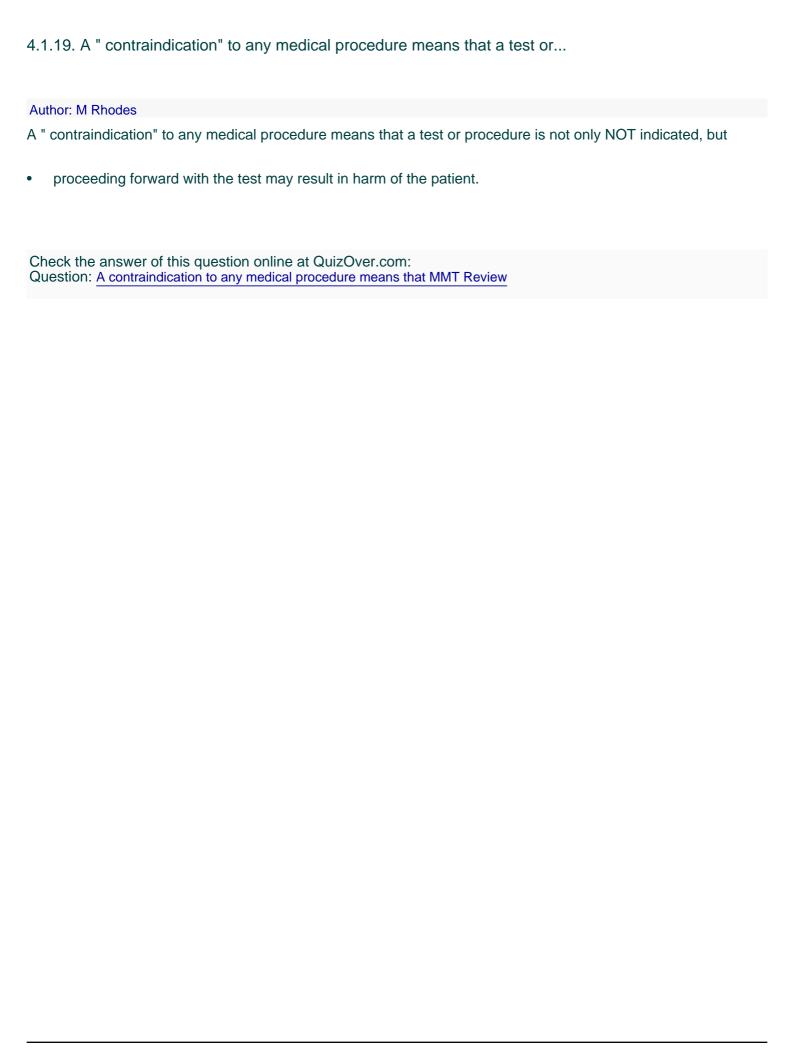
Check the answer of this question online at QuizOver.com: Question: Limiting factors can be abbreviated next to the grade MMT Review



Limiting factors can be abbreviated next to the grade to indicate that the grade is uncertain: Weak fixation of proximal joint is specified by

• W

Check the answer of this question online at QuizOver.com: Question: Limiting factors can be abbreviated next to the grade MMT Review





A general contraindication to MMY is

• that testing should never be done or continued to a patient or to any extremity in which injury may occur.

Check the answer of this question online at QuizOver.com: Question: A general contraindication to MMY is MMT Review Quest

NWB

DO NO muscle testing on involved extremity

Check the answer of this question online at QuizOver.com: Question: NWB MMT Review Quest

4.1.22. TTWB

Author: M Rhodes

TTWB

same as NWB

Check the answer of this question online at QuizOver.com: Question: TTWB MMT Review Quest

PWB

• May do gross test or specific muscle testing but should not exceed 3+ prox to fracture and 3 distal to fracture

Check the answer of this question online at QuizOver.com: Question: PWB MMT Review Quest

WBAT

• May do gross test or specific muscle testing, but should not exceed 3+ distal to fracture

Check the answer of this question online at QuizOver.com: Question: WBAT MMT Review Quest

FWB

No limitations to gross or specific muscle testing with the exception of no more than 3+ distal to a fracture.

Check the answer of this question online at QuizOver.com: Question: FWB MMT Review Quest



Acebatular fractures that are designed as NWB:

• MMT should not be preformed for 12 weeks on the involved or to the uninvolved LE

Check the answer of this question online at QuizOver.com: Question: Acebatular fractures that are designed as NWB: MMT Review Quest 4.1.27. Some neurological disorders are of such nature that muscle testing ...

Author: M Rhodes

Some neurological disorders are of such nature that muscle testing greatly weakens the muscle and is some cases may cause and exacerbation of symptoms and/or muscle damage.

• Examples: Guillain Barre, Transvers Myelitis and Myasthenia Gravis

Check the answer of this question online at QuizOver.com: Question: Some neurological disorders are of such nature that MMT Review Quest

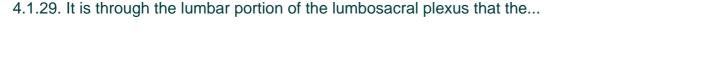


The anterior and medial aspect of the hip and thigh is almost exclusively through the :

Lumbar Plexus

Check the answer of this question online at QuizOver.com:

Question: The anterior and medial aspect of the hip and thigh is MMT Review



It is through the lumbar portion of the lumbosacral plexus that the hip receives innervation for the actions of:

• Flexion and Adduction and the knee receives innervation for the actions of extension

Check the answer of this question online at QuizOver.com: Question: It is through the lumbar portion of the lumbosacral MMT Review Quest

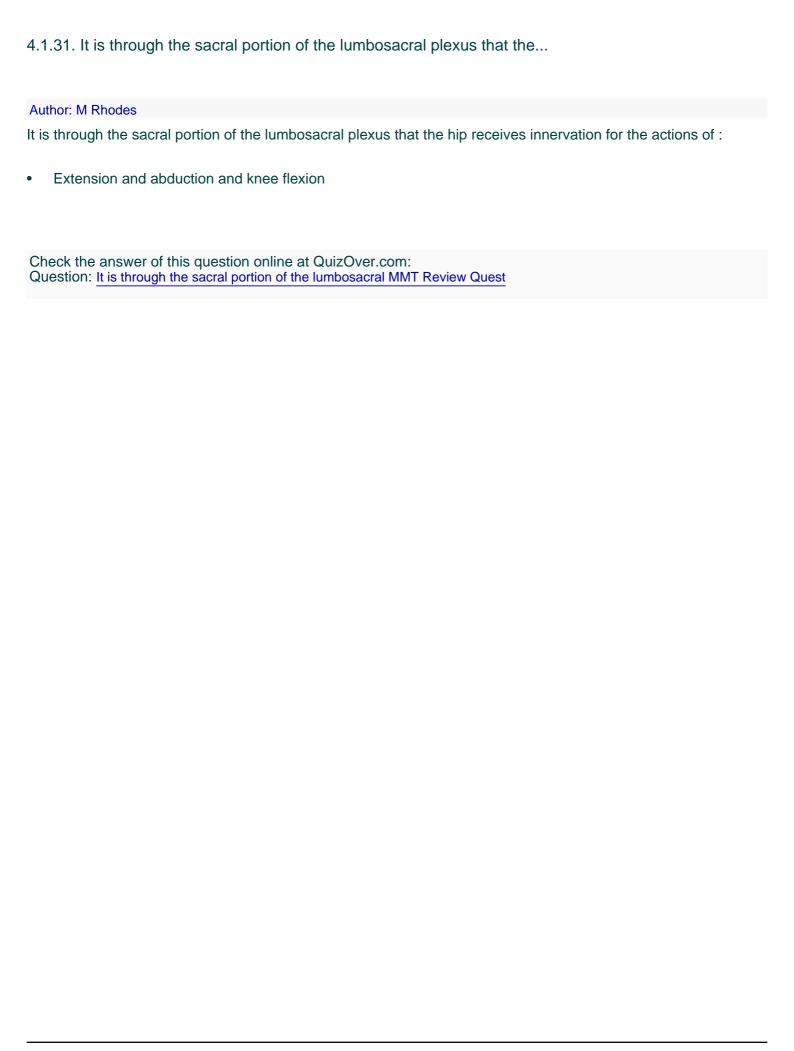


The posterior and lateral aspect of the hip and thigh is innervated almost exclusively through the :

Sacral Plexus

Check the answer of this question online at QuizOver.com:

Question: The posterior and lateral aspect of the hip and thigh MMT Review



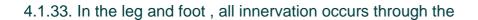
4.1.32. Hip and knee rotation is controlled primarily through

Author: M Rhodes

Hip and knee rotation is controlled primarily through

The Sacral Plexus

Check the answer of this question online at QuizOver.com: Question: Hip and knee rotation is controlled primarily through MMT Review



In the leg and foot, all innervation occurs through the

sacral plexus

Check the answer of this question online at QuizOver.com: Question: In the leg and foot all innervation occurs through the MMT Review

C1-C4

Sensory Determination only

Check the answer of this question online at QuizOver.com: Question: C1-C4 MMT Review Quest

C5

Brachialis, Biceps

Check the answer of this question online at QuizOver.com: Question: C5 MMT Review Quest

C6

ECRL and ECRB

Check the answer of this question online at QuizOver.com: Question: C6 MMT Review Quest

C7

Triceps

Check the answer of this question online at QuizOver.com: Question: C7 MMT Review Quest

C8

FDP, middle finger

Check the answer of this question online at QuizOver.com: Question: C8 MMT Review Quest

T1

ADM

Check the answer of this question online at QuizOver.com: Question: T1 MMT Review Quest

T2-L1

Sensory determination only

Check the answer of this question online at QuizOver.com: Question: T2-L1 MMT Review Quest

L2

Iliopsoas

Check the answer of this question online at QuizOver.com: Question: <u>L2 MMT Review Quest</u>

L3

Quadriceps

Check the answer of this question online at QuizOver.com: Question: <u>L3 MMT Review Quest</u>

4.1.43. Tibialis Anterior

Author: M Rhodes

Tibialis Anterior

L4

Check the answer of this question online at QuizOver.com: Question: Tibialis Anterior MMT Review Quest

L5

EHL

Check the answer of this question online at QuizOver.com: Question: <u>L5 MMT Review Quest</u>

4.1.45. Gastroc and Soleus

Author: M Rhodes

Gastroc and Soleus

• S1

Check the answer of this question online at QuizOver.com: Question: Gastroc and Soleus MMT Review Quest

S2-S5

Sensory determination only

Check the answer of this question online at QuizOver.com: Question: S2-S5 MMT Review Quest

4.1.47. T1-T4 Functional Potential

Author: M Rhodes

T1-T4 Functional Potential

• Walking requires KAFO's and walker or Loftstrand crutches. Very difficut

Check the answer of this question online at QuizOver.com: Question: T1-T4 Functional Potential MMT Review Quest

4.1.48. T5-T12 Functional Potential

Author: M Rhodes

T5-T12 Functional Potential

• Same as T1-T4, only slightly easier due to presence of abdominals

Check the answer of this question online at QuizOver.com: Question: T5-T12 Functional Potential MMT Review Quest

4.1.49. L1 & L2 Functional Potential

Author: M Rhodes

L1 & L2 Functional Potential

• Same as T5-T12, yet easier w partial iliopsoas; needs KAFO's and walker or Lofstrand crutches and walks with 4 point gait.

Check the answer of this question online at QuizOver.com: Question: L1 L2 Functional Potential MMT Review Quest

4.1.50. L3-L5 Functional Potential

Author: M Rhodes

L3-L5 Functional Potential

• Walk with AFOs and Lofstrands due to presence of quads

Check the answer of this question online at QuizOver.com: Question: L3-L5 Functional Potential MMT Review Quest

4.1.51. S1 and below Functional Potential

Author: M Rhodes

S1 and below Functional Potential

No orthoses required

Check the answer of this question online at QuizOver.com: Question: S1 and below Functional Potential MMT Review Quest